



Point-to-Point Rider Competency Assessment



Name of Applicant: _____

Name of Jockey Coach: _____

Date of Assessment: _____

Required Skills	Direct Observational Evidence ✓ or ✗	Comments
Tack up a racehorse ready for exercise within a realistic time frame.		
Be aware of basic paces, warm up a racehorse and control at walk, trot and cantering in an open area.		
Monitor pace and control (according to the coach's instruction) of a racehorse at canter.		
Maintain a balanced body position at walk, trot and canter.		
Maintain an independent seat, hands and length of stirrup as appropriate.		
Change hands/gather a horse up while maintaining a balanced body position.		
Understand basic whip skills for correcting and motivation.		

Remain in control whilst schooling a racehorse over fences safely and competently.		
Have responsibility for personal protective and safety equipment.		
Demonstrate adequate fitness in order to enjoy the experience of point-to-pointing.		
Recognize own limitations and capabilities.		

Has the Rider attended any previous formal Jockey training?

Please give a summary of the skills observed and any other observations:

Do you consider the applicant is suitable to be granted a Point-to-Point Riders Qualification Certificate?

Yes

No

Signed:

Satisfactory

Rider is safe and in control showing good balance not hindering the horse's movement

Not up to standard

- **Riding:** Not in control, did not demonstrate a level of competence that would indicate they would be safe to ride in a Point-to-Point.
- **Schooling:** Were unsafe, and unable to get their horse to jump. Nervous to the extent they upset the horse while riding.
- **Fitness:** Excessively out of breath and obvious signs of sweating after schooling.

Should a Jockey Coach feel a rider may not be up to standard they will refer footage to a Racing School Licence Course Assessor for discussion. Further to this, the Jockey may be advised to undergo further training prior to the issue of an RQC at their own expense.

Point to Point Regulations

1. Stop Race

When a yellow stop race flag is waved, riders **MUST** pull up. A rider who ignores the stop race procedure will be guilty of an offence and fined £100.00

2. Hazard Ahead/Bypassing

A black and white chequered flag is waved to alert riders of a hazard ahead.

Where a set of direction markers (black/yellow chevrons) have been inserted in a fence, it is unsafe to jump. Riders must proceed around the fence and continue in the race.

3. Remounting

No Rider may remount at any time after being unseated unless:

- They have been examined by a Racecourse Medical Officer or ambulance paramedic and deemed fit to remount, **and**
- Their horse has been examined by a Veterinary Surgeon.

If a Rider is unseated on the way to the start they may remount, unless instructed otherwise, and proceed to the start where they must present themselves to the Starter to be examined by a Point-to-Point Medical Officer or ambulance paramedic before the start of the race.