

10. Medical Arrangements

DUTIES OF THE POINT-TO-POINT ORGANISING COMMITTEE

10.1 All Medical Arrangements at a Point-to-Point Meeting must be in accordance with Appendix (10)A (to these Instructions) . Unless prior permission has been obtained from the BHA Chief Medical Adviser (CMA), no meeting should commence or continue without the required Medical Arrangements being in place.

APPOINTMENT OF SENIOR RACECOURSE MEDICAL OFFICER

10.2 PRIOR TO THE START OF THE SEASON, WITH CONFIRMATION NO LATER THAN ONE MONTH PRIOR TO THE POINT-TO-POINT, THE FIXTURE SECRETARY WILL APPOINT A SENIOR RACECOURSE MEDICAL OFFICER (SRMO) to take charge of the medical arrangements at that Point-to-Point course. The BHA Medical Department should be provided with the name and contact details of the SRMO. On their appointment the SRMO is to be provided with the Medical Briefing Pack that is sent to all Fixture Secretaries by the BHA Medical Department before each Season.

ROLE OF THE SENIOR RACECOURSE MEDICAL OFFICER

10.3

Pre-Raceday. The SRMO in conjunction with the fixture secretary must:

- i) Carry out a risk assessment (with particular reference to the minimum number of doctors, paramedic ambulances and the number of first aid attendants required)
- ii) Prepare Standing Orders (with particular reference to BHAGI 11.1 (under the Rules of Racing), Appendix (10)A (to these Instructions) and the Guide to Safety at Sports Grounds - Chapter 18 - 2008)
- iii) Prepare a Major Incident Emergency Plan.

Raceday. The SRMO (or their appointed deputy for the day) must ensure that arrangements are complaint with Appendix (10)A and the venues' Standing Orders and that:

- (iv) All medical personnel sign Medical Report Form B to indicate their attendance.
- (v) a (S)RMO is available at a pre-arranged location within the medical tent or close to the weighing room (preferably signposted and near the scales) after races to check riders who had a fall and to authorise the release of Medical Record Books belonging to riders who have finished riding at the fixture and wish to leave the course (S)RMO must report to the Stewards any rider who does not present themselves when required.

Note: Fixture Organisers are asked to nominate an individual (Medical Runner) to record the details of all fallers and unseated riders in every race and to relay this information to the (S)RMO. This will assist the (S)RMO so that they are fully aware of which riders need to present themselves for medical inspection.

- (vi) Both completed Medical Report Forms (A and B) are returned to the BHA CMA WITHIN 24 HOURS. The forms can be scanned and emailed to the BHA Medical Department on: medical@britishhorseracing.com or sent by WhatsApp or other secure messaging system to the BHA CMA. A hard copy will not be required providing confirmation of the receipt of the electronic version is received. Completed forms contain confidential information and should therefore be treated in a GDPR appropriate fashion. The forms are available for download from the 'Downloads' area on the Point-to-Point National Website www.pointtopoint.co.uk and will have additionally been sent to the Fixture Secretary eight weeks prior to the fixture.

MEDICAL RECORD BOOK (MRB)

- 10.4** The Declarations Clerk must obtain every rider's MRB upon their arrival at the racecourse and pass them to the Clerk of the Scales for each MRB to be checked by the (S)RMO.

If a rider attends without an MRB they are not permitted to ride unless the SRMO has prior approval from the CMA or their deputy.

MRB's are to be left with the Declarations Clerk until the rider has finished riding for the day and the (S)RMO has confirmed that no Medical Entry is required.

Declaring a Rider as fit to ride

S)RMO are to examine all riders who have:

- An amber entry in their MRB or
- A red entry in their MRB accompanied by a letter/email from the BHA indicating that they are now on amber entry or
- An amber entry on the EMR (even if nothing in the MRB) or
- An amber entry on the Injury List (even if nothing in the MRB)

When a (S)RMO has made their decision as to whether such a rider is fit to ride they must record this information in the "RECORDABLE ACCIDENTS" section of the rider's MRB.

If a rider has a BHA CMA red injury, please call the CMA immediately on 07788 567440. Do not clear the rider unless approval has been received from the CMA or their deputy.

Assess fallen riders in sufficient detail to make a clinical judgement as to whether they are fit to continue riding or to be stood down for the rest of the day. If they are stood down, they must be given a 'RED or AMBER entry' on their EMR notes and where relevant in their MRB and on Point-to-Point Medical Report Form A. Fallen riders are not permitted to ride again until reassessed the next day or later by a (S)RMO, if a non-significant injury/illness (AMBER entry); or by the CMA (RED entry) and then an (S)RMO, if a more significant injury (RED entry). Other than for simple suturing or assessment of possible concussion, an AMBER entry may not be removed on the day it is applied. Any rider who is evacuated to hospital or is recommended to attend hospital e.g. for X-rays, or is concussed should be given a RED entry.

RACEDAY CONFIRMATION THAT MEDICAL ARRANGEMENTS MEET REQUIREMENTS

- 10.5** At every meeting, 30 minutes before racing commences, the Stewards must have confirmed to them that all Medical Arrangements are compliant. A form to this effect is also required

to be completed before racing, signed by the Organising Committee and the SRMO, and should be retained after the meeting for subsequent reference.

BHA POINT OF CONTACT

- 10.6** Any problems or items requiring clarification by the Clerk of the Course or SRMO should be referred to:

Chief Medical Adviser
BHA Medical Department
Holborn Gate
26 Southampton Buildings
London
WC2A 1AN
Tel: 020 7152 0111
Mobile: 07788 567440
E-mail: jhill@britishhorseracing.com or medical@britishhorseracing.com

APPENDICES

APPENDIX (10)A MEDICAL ARRANGEMENTS
APPENDIX (10)B CONCUSSION PROTOCOLS