

APPENDIX (10)B

CONCUSSION PROTOCOLS

The British Horseracing Authority Assessment of Concussion (BHAAC) for Point-to-Point racing (on site at the time of the incident).

As per the NICE Guidelines (CG176) the following factors warrant transfer to an appropriate hospital:

- Glasgow Coma Scale less than 15 at initial assessment
- Glasgow coma scale (GCS) score of less than 15 on initial assessment.
- Any loss of consciousness as a result of the injury.
- Any focal neurological deficit since the injury.
- Any suspicion of a skull fracture or penetrating head injury since the injury.
- Amnesia for events before or after the injury [4].
- Persistent headache since the injury.
- Any vomiting episodes since the injury (clinical judgement should be used regarding the cause of vomiting in those aged 12 years or younger and the need for referral).
- Any seizure since the injury.
- Any previous brain surgery.
- A high-energy head injury.
- Any history of bleeding or clotting disorders.
- Current anticoagulant therapy such as warfarin.
- Current drug or alcohol intoxication.
- There are any safeguarding concerns (for example, possible non-accidental injury or a vulnerable person is affected).
- Continuing concern by the professional about the diagnosis.

When in doubt ALWAYS refer the rider to hospital

Name of rider.....

Contact Tel. No. for rider

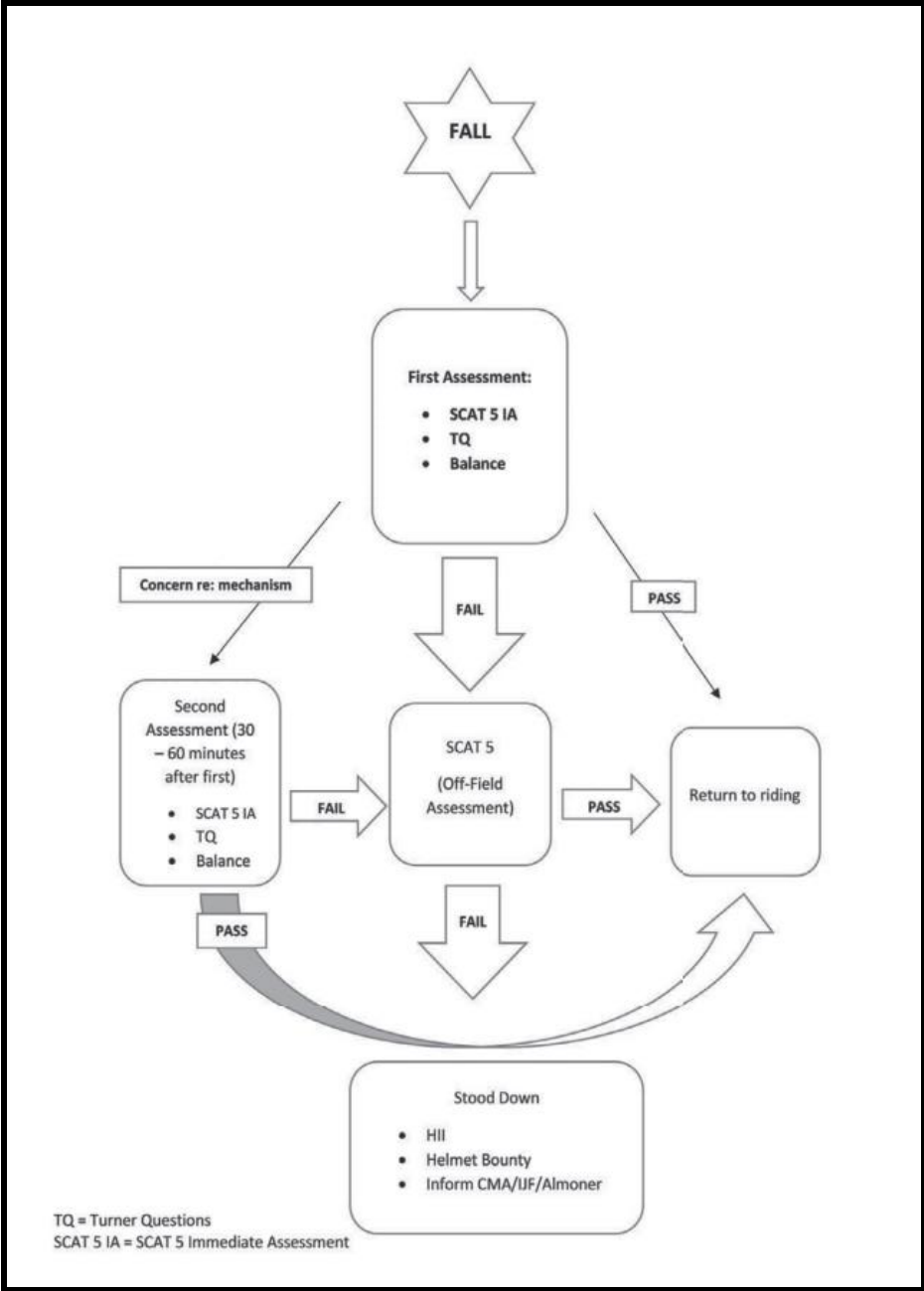
Point-to-Point venue Race No

Date of examination..... Time of examination

Name of examining doctor.....

Contact Tel. No. for doctor

(Block Capitals)



Memory Assessment -the "Turner" Questions

(in place of Maddocks Questions)

Failure to answer all questions correctly may suggest a concussion.

1. What RACECOURSE are we at today?
2. Which RACE NUMBER did you fall in and what TYPE of race was it?
3. Name of the HORSE being ridden at time of the fall (or the saddle cloth NUMBER)?
4. Name TWO other JOCKEYS riding here today?
5. Name any ONE of the following:
 - i. CHAMPION JOCKEY in 2022 - Flat or Jump
Flat: William Buick
Jump: Brian Hughes
Or
 - ii. HORSE or JOCKEY that won the 2022 DERBY or CHELTENHAM GOLD CUP
DERBY: AUGUSTE RODIN Ryan Moore
GOLD CUP: GALOPIN DES CHAMPS Paul Townend

Balance testing- Tandem Stance

Instructions for tandem stance:

"Now stand heel-to-toe with your non-dominant foot in back. Your weight should be evenly distributed across both feet. You should try to maintain stability for 20 seconds with your hands on your hips and your eyes closed. I will be counting the number of times you move out of this position. If you stumble out of this position, open your eyes and return to the start position and continue balancing. I will start timing when you are set and have closed your eyes."

Observe the athlete for 20 seconds. If they make more than 5 errors (such as lift their hands off their hips; open their eyes; lift their forefoot or heel; step, stumble, or fall; or remain out of the start position for more than 5 seconds) then this may suggest a concussion. Any jockey with a suspected concussion should be IMMEDIATELY STOOD DOWN, urgently assessed medically, should not be left alone and should not drive a motor vehicle.

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